



Chapter # 185
Charter Date
February 23, 2007

The Men's Probud Club of Lindsay

Probud Banner Newsletter

EDITION 116

March 2018



Bert
Blackwood
President



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Newton
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Brian Devan
Membership



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Program



Bob Barkwell
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Services



Ron Morgan
Health &
Welfare



Dennis Eaton
Communications

Health and Welfare

Please notify

Ron Morgan

(705) 324-2318

if you have knowledge of a member that is experiencing health issues at any time...

Next Meeting

Tuesday April 10



John Boyko

Sir John A. MacDonald

Meeting Highlights

Opening and Announcements:

Past-President Bob Doran called the meeting to order and asked the members to stand for the singing of O Canada. Bob announced that he was filling in for President Bert Blackwood and Ron Chartrand was filling in for Bob Barkwell. Gord Weymouth was asked to introduce his guest Ron Dainty, Harry Newton introduced his guest Don Willis and Ron Warrilow introduced his guest Winston Wood. Bob surveyed the members about their attendance at the Grand Restaurant for the optional lunch. Paul McPherson was inducted as a new member into the club.

Bob asked members to pay their outstanding dues to Eric Lansdell and reminded members that the Cambridge Probud Club will be recognized at our April 10th meeting as the first club in Canada to receive a charter (March 1987). Lastly, the Nominating Committee is looking for replacements for the Director of Club Services, the Director of Communications and the Director of Memberships for next year.

Ted Abbot reported that Gerald Brown was in good spirits while he continues his cancer treatment.

Guest Speakers: Raeann Rideout and Brenda Booth

Ron Wallace was asked to introduce our guest speakers, Raeann Rideout and Brenda Booth. Raeann is currently the Central East, Regional Elder Abuse Consultant for Elder Abuse Ontario (EAO), where she is responsible for implementing Ontario's Strategy to Combat Elder Abuse. She is past Co-Chair of the Canadian Network for the Prevention of Elder Abuse and has more than 19 years of experience working in the field of elder abuse. Brenda is the Home Care and Outreach Coordinator in Peterborough. In this role, she shares pertinent information to families and people who want to remain safe, healthy, independent and happy in their own homes. Most often these are seniors but the demographic could also include someone who has been





Ron Warrilow (L) and Brian Devan (R) welcome Paul McPherson (C) to the club.



Ron Wallace (L) thanks Brenda Booth (C) and Raeann Rideout (R) for their presentation.

injured through work, surgery or a motor vehicle accident, and requires assistance in their own homes, either during a rehab period or permanently.

Raeann and Brenda began their presentation with a definition of ageism, which is discrimination against older adults because they are older. They cited some survey results to illustrate this point. 63% of seniors say they have been treated unfairly because of age. 79% of Canadians agree seniors are seen as less important. 21% see older adults as a burden. This abuse is demonstrated when older adults are unable to freely make choices because they are afraid of being hurt, humiliated, left alone or of a relationship ending. The warning signs of abusive behaviour include:

- a) making all the decisions for a senior without asking
- b) isolation from family and friends
- c) threats of violence or abandonment
- d) disregard for privacy
- e) locks on the outside of doors
- f) reading or withholding mail
- g) handling all the money
- h) blaming the older adult
- i) a strong sense of entitlement for a senior's money and property
- j) treating the older adult as a child
- k) arguing and name calling
- l) leaving a dependent person alone for long periods of time

Why are some people more at risk? Factors such as culture, language, addictions, mental health issues, cognitive impairment or simply living with someone increase the chances of elder abuse. Abusers of the elderly are most often family members (adult children or grandchildren), but other relatives, caregivers, financial advisers and landlords can also behave abusively toward older adults.

According to Raeann and Brenda, you can help stop abuse of the elderly by practicing SNC. When you See it, Name it and Check it. In summary, they offer the following simple strategy to reduce elder abuse: reduce or eliminate isolation wherever it occurs. They concluded their presentation with sample resources to help the elderly including the Seniors Safety Line at 1-866-299-1011. Trained counsellors are available 24/7 to help.

Closing: Past-President Bob Doran concluded the meeting with a humorous story about why you should be careful what you ask a retired person because they have all the time in the world to offer imaginative and funny responses.

Any corrections, comments or additions regarding this newsletter can be forwarded to the attention of the editor at:

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